

# HOW TO MEASURE YOUR BANGLE SIZE

EASY 3-STEP GUIDE TO FIND YOUR PERFECT FIT

1

Take a thread and wrap it around your wrist as shown.

2

Take a note and mark the ends of the thread that fully cover your wrist as shown.

3

Place the thread length on the ruler and the measurement in cm will help you to find out the size using the chart below



## ALREADY HAVE A BANGLE?

FOLLOW THESE STEPS

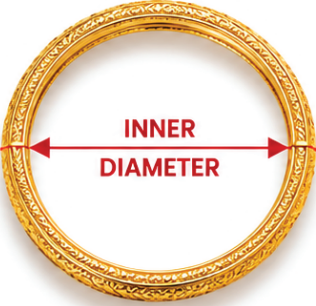
1

Place an **existing bangle** on a ruler as shown in the right side image.



2

Find the longest **inner diameter** (in cm) across the bangle.



3

Use this diameter to find your **bangle size** in the chart below.

| INNER DIAMETER (CM) | BANGLE SIZE |
|---------------------|-------------|
|                     |             |
|                     |             |
|                     |             |
|                     |             |
|                     |             |
|                     |             |

## BANGLE SIZE CHART

|  BANGLE SIZE |  INNER DIAMETER (CM) |  INNER DIAMETER (MM) |  CIRCUMFERENCE (CM) |  CIRCUMFERENCE (MM) |
|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| 2.2                                                                                            | 5.39                                                                                                    | 53.9                                                                                                    | 16.94                                                                                                   | 169.40                                                                                                   |
| 2.3                                                                                            | 5.55                                                                                                    | 55.5                                                                                                    | 17.44                                                                                                   | 174.43                                                                                                   |
| 2.4                                                                                            | 5.71                                                                                                    | 57.1                                                                                                    | 17.95                                                                                                   | 179.46                                                                                                   |
| 2.5                                                                                            | 5.87                                                                                                    | 58.7                                                                                                    | 18.45                                                                                                   | 184.49                                                                                                   |
| 2.6                                                                                            | 6.03                                                                                                    | 60.3                                                                                                    | 18.95                                                                                                   | 189.51                                                                                                   |
| 2.7                                                                                            | 6.19                                                                                                    | 61.9                                                                                                    | 19.45                                                                                                   | 194.54                                                                                                   |
| 2.8                                                                                            | 6.35                                                                                                    | 63.5                                                                                                    | 19.96                                                                                                   | 199.57                                                                                                   |



**NOTE:** For the best accuracy, measure your bangle size at the end of the day when your wrist is at its largest.

 Avoid measuring when your hands are cold.